

Evidence Analysis Library®

The Evidence Analysis Library (EAL) is a synthesis of the best, most relevant nutritional research on important dietetic practice questions housed within an accessible, online, user-friendly website. An objective and transparent methodology is used to assess food and nutrition-related science. The EAL is a series of systematic reviews based on a predefined approach and criteria. Expert panel members evaluate, synthesize, and grade the strength of the evidence to support conclusions that answer a precise series of questions.

Evidence-Based Nutrition Practice Guidelines are a series of guiding statements developed from a systematic review. These guidelines are designed to assist practitioner and patient decisions about appropriate nutrition care for specific disease states or conditions in typical settings.

Members of the Academy of Nutrition and Dietetics have <u>full access</u> to the EAL. <u>But did you know that</u> there is extensive content that is freely accessible to the general public? Open access content includes:

Projects

- o <u>Medical Nutrition Therapy Systematic Review</u>
- o Nutrition Screening Adults Systematic Review
- Nutrition Screening Pediatrics Systematic Review
- o Pediatric Weight Management Guideline and Systematic Review
- o The Executive Summary of Recommendations and Introduction for *every* evidence-based nutrition practice guideline on the EAL.

Resources tab

- o <u>EAL Orientation Tutorials</u> *eligible for 1 CEU*
- <u>Presentations</u> free power point presentations

Policy and Process tab

- o Systematic Review Process
- o <u>Guideline Development Process</u>
- o Evidence Analysis Manual and Quality Criteria Checklists free downloads

About tab

- o <u>Citing Content</u>
- o <u>Permission to Reprint</u>
- o FAQs
- EAL Volunteer Opportunities

Quick Links

- o EAL Terminology
- Glossy of Study Designs
- o Grade Charts, Recommendation Ratings, and GRADE Ratings

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Email questions to eal@eatright.org